

Friends of Rock Ridges Nature Trail



Calendar of Events 2026

Day/Date	Location	Time	Event
Ongoing	Rock Ridges Trail	Anytime	Get out and hike the trail! Follow the QR codes along the trail for natural history information and family-friendly activities. Take a relaxing break at our Treehouse at South Bay.
Sat. June 6	Treehouse at TIP	10:00am	Seedball Hike: Gets your hands dirty creating seedballs filled with native plant seeds. Then hike along the Rock Ridges Trail to disperse them. All ages welcome.
Thurs. July 2	Campfire next to TIP Treehouse	6:30pm	Family Campfire: Make a Raccoon cup to hold fire popped popcorn while we listen to traditional songs around the campfire.
Fri. July 3	On the Green	10am	Nature String Bag Creation Station: Bring the family to this fun event. Decorate your own backpack with cool nature designs. Minimum donation \$10 per bag.
Sat. July 4 & 11	Treehouse at TIP	8am	Meditation Morning: Join Nickie Foley for a relaxing start to your day with gentle stretching followed by meditation in the peace of the Treehouse and surrounding woods.
Thurs. July 9	Campfire next to TIP Treehouse	6:30pm	Family Campfire: Make s'mores over the fire then decorate a drum to play.
Fri. July 10	Treehouse at TIP	10am	Trail Yoga: Walk the trail stopping at several spots along the way for mini yoga session. All ages welcome. Bring a towel or mat.
Thurs. July 16	Campfire next to TIP Treehouse	6:30pm	Family Campfire - Bullfrogs and Bats: Make delicious Oreo bats and bull frog toast, then participate in a fun team game about these creatures of the dark.
Fri. July 17	Treehouse at TIP	10am	Dive into Aquatic Ecology: Discover life below the surface with hands on activities for all ages. Wear clothes for wading and bring a towel.
Thurs. July 23	Campfire next to TIP Treehouse	6:30pm	Family Campfire - Pioneer Evening: Enjoy making 'brown bears' for dessert and a pioneer toy, then listen to tales of old sitting around the fire.

FRRNT Calendar of Events 2026

Day/Date	Location	Time	Event
Fri. July 24	Treehouse at TIP	10am	Trail Activity: Nature themed scavenger hunt along the trail.
Thurs. July 30	Campfire next to TIP Treehouse	6:30pm	Family Campfire: Craft, banana basket dessert, and songs around the campfire.
Fri. Aug. 7	Treehouse at TIP	10am	Trail Activity: Geocache type activity with compass and clues. Better suited for children with adult partner or older kids.
Sat. Aug. 8 & 15	Treehouse at TIP	8am	Meditation Morning: Join Nickie Foley for a relaxing start to your day with gentle stretching followed by meditation in the peace of the Treehouse and surrounding woods.

What's Happening at the Treehouse at TIP??



Scan to Donate

Any time is a GREAT time to make a donation to FRRNT!

We welcome all TIP families and visitors to join our organization. Find out what is happening and how you can support our efforts. Visit our website at www.tiprockridges.org.