

Friends of Rock Ridges Nature Trail



Calendar of Events 2024

| Day/Date | Location | Time | Event |
|-------------------|-------------------|--------------|---|
| Ongoing | Rock Ridges Trail | Anytime | Get out and hike the trail! Follow the QR codes along the trail for natural history information and family-friendly activities. Take a relaxing break in our new Treehouse at South Bay. |
| Friday, June 28 | TI Park Pavilion | 4-6pm | Volunteer Recruitment Party. Visit our table to learn about all the ways you can get involved with the Friends of Rock Ridges Nature Trail. Join us! |
| Friday, July 12 | Treehouse at TIP | 11am-Noon | Guided Meditation and Mindful Walk. Join Caroline Herberger for this peaceful opening event. |
| Saturday, July 13 | Treehouse at TIP | 4-5pm | GRAND OPENING OF THE TREEHOUSE AT TIP. Come visit our beautiful new outdoor classroom and learn about special planned events for 2024. |
| Friday, July 19 | Treehouse at TIP | 11am-Noon | All About Native Plants. Come meet TIP resident Colin Withers to learn about native plants and why you should use them in your gardens. Colin will answer your questions and have plants available for purchase. |
| Friday, July 26 | Playground at TIP | 10am-Noon | Nature String Bag Creation Station at the Playground. Pre-register at tiprockridges@gmail.com . Bring the family to this fun event. Decorate your own backpack with cool nature designs. Some t-shirts will also be available. Donation minimum: \$10 per bag. |
| Friday, Aug. 2 | Treehouse at TIP | 11am-Noon | Rock Ridge Rangers: I Like Spiders! Bring the whole family to learn about these misunderstood critters with Heather White. Make your own bottle of safe spider repellent. |
| Friday, Aug. 9 | Treehouse at TIP | 11am-Noon | YOGA in the Treehouse. Join longtime TIP visitor and yoga instructor Alex Palmer for a relaxing morning tune-up surrounded by the sounds of the forest. |
| Tuesday, Aug. 13 | Treehouse at TIP | 10am-12:30pm | Thousand Island Land Trust (TILT) sponsors KidsTrek "Damsels and Dragons" on the Rock Ridges Trail. This family friendly event offers games and activities by TILT, Save the River, and other environmental partners. Pre-register at tilandtrust.org or call 315-686-5345 to reserve your space (limited). |
| Coming Soon... | | | Special Walks and Talks throughout the summer 2024. Keep up with what is happening and how you can support our efforts. Learn more about local natural history and the history of our trail. Visit our website at tiprockridges.org . |

Nature backpack signouts will be available at any Treehouse event.